

Soul and Body

Section 1
The Bible

GOLDEN TEXT | Isaiah 60:19 *the Lord*

. . . THE LORD SHALL BE UNTO THEE AN EVERLASTING LIGHT,
AND THY GOD THY GLORY.

RESPONSIVE READING | Psalms 86:4, 10, 12; 146:1, 8;
138:1 (to :), 2–5, 8 (to 2nd :)

- 4 Rejoice the soul of thy servant: for unto thee, O Lord,
do I lift up my soul.
- 10 **For thou art great, and doest wondrous things: thou art
God alone.**
- 12 I will praise thee, O Lord my God, with all my heart:
and I will glorify thy name for evermore.
- 1 **Praise ye the Lord. Praise the Lord, O my soul.**
- 8 The Lord openeth the eyes of the blind: the Lord raiseth
them that are bowed down: the Lord loveth the righteous:
- 1 **I will praise thee with my whole heart:**
- 2 I will worship toward thy holy temple, and praise thy
name for thy lovingkindness and for thy truth: for thou
hast magnified thy word above all thy name.
- 3 **In the day when I cried thou answeredst me, and
strengthenedst me with strength in my soul.**
- 4 All the kings of the earth shall praise thee, O Lord,
when they hear the words of thy mouth.
- 5 **Yea, they shall sing in the ways of the Lord: for great
is the glory of the Lord.**
- 8 The Lord will perfect that which concerneth me: thy mercy,
O Lord, endureth for ever:

1 | Leviticus 26:1 *I am, 11, 12*

1 I am the Lord your God.

11 And I will set my tabernacle among you: and my soul
shall not abhor you. 12 And I will walk among you, and
will be your God, and ye shall be my people.

2 | Psalms 84:1, 11

1 How amiable are thy tabernacles, O Lord of hosts!

11 For the Lord God is a sun and shield: the Lord will
give grace and glory: no good thing will he withhold from
them that walk uprightly.

3 | I Kings 8:27 *will (to ;)*

27 will God indeed dwell on the earth? behold, the heaven
and heaven of heavens cannot contain thee;

4 | Acts 17:24, 25, 28 (to ;)

24 God that made the world and all things therein, seeing
that he is Lord of heaven and earth, dwelleth not in temples
made with hands; 25 Neither is worshipped with men's
hands, as though he needed any thing, seeing he giveth to
all life, and breath, and all things;

28 For in him we live, and move, and have our being;

*Section 1
Science and Health*

1 | 330:11–12

God is infinite, the only Life, substance, Spirit, or
12 Soul, the only intelligence of the universe, including man.

2 | 309:24–26

24 The Science of being shows it to be impossible for in-
finite Spirit or Soul to be in a finite body or for man to
have an intelligence separate from his Maker.

3 | 466:21 (only)

21 There is no finite soul nor spirit.

4 | 467:17–23

Science reveals Spirit, Soul, as not in the body, and
18 God as not in man but as reflected by man. The greater
cannot be in the lesser. The belief that the Soul not con-
fined in body
greater can be in the lesser is an error that
21 works ill. This is a leading point in the Science of Soul,
that Principle is not in its idea. Spirit, Soul, is not
confined in man, and is never in matter.

5 | 335:18 *Nothing*

18 Noth- Soul and
Spirit one
ing but Spirit, Soul, can evolve Life, for Spirit
is more than all else. Because Soul is immortal, it does
21 not exist in mortality. Soul must be incorporeal to be
Spirit, for Spirit is not finite. Only by losing the false
sense of Soul can we gain the eternal unfolding of Life as
24 immortality brought to light.

*Section 2
The Bible*

5 | Psalms 139:1, 14

1 O Lord, thou hast searched me, and known me.
14 I will praise thee; for I am fearfully and wonderfully
made: marvellous are thy works; and that my soul knoweth
right well.

6 | Romans 8:5 *they*, 9 (to 1st .)

5 they that are after the flesh do mind the things of
the flesh; but they that are after the Spirit the things
of the Spirit.
9 But ye are not in the flesh, but in the Spirit, if so be
that the Spirit of God dwell in you.

7 | I Corinthians 6:19 *know*, 20 *glorify*

19 know ye not that your body is the temple of the
Holy Ghost which is in you, which ye have of God,
and ye are not your own?
20 glorify God in your body, and in your spirit,
which are God's.

*Section 2
Science and Health*

6 | 595:7–9 (to ;)

TEMPLE. Body; the idea of Life, substance, and in-
telligence; the superstructure of Truth; the shrine of
9 Love;

7 | 477:6, 19–26

6 Man is not a material habitation for Soul; he is himself spiritual. Soul, being Spirit, is seen in nothing imperfect nor material.

Question. — What are body and Soul?

Answer. — Identity is the reflection of Spirit, the reflection in multifarious forms of the living Principle, Love. Soul is the substance, Life, and intelligence of man, which is individualized, but not in matter. Soul can never reflect anything inferior to Spirit.

Reflection
of Spirit

Man is the expression of Soul.

8 | 280:25–30

Rightly understood, instead of possessing a sentient material form, man has a sensationless body; and God, the Soul of man and of all existence, being perpetual in His own individuality, harmony, and immortality, imparts and perpetuates these qualities in man, — through Mind, not matter.

Sensationless
body

9 | 416:16–20

The material body, which you call *me*, is mortal mind, and this mind is material in sensation, even as the body, which has originated from this material sense and been developed according to it, is material.

The so-called
physical ego

10 | 317:16–20

The individuality of man is no less tangible because it is spiritual and because his life is not at the mercy of matter. The understanding of his spiritual individuality makes man more real, more formidable in truth, and enables him to conquer sin, disease, and death.

11 | 516:21

21 Man and woman as coexistent and eternal with God forever reflect, in glorified quality, the infinite Father-Mother God.

Section 3
The Bible

8 | Psalms 71:16 (to :), 23

16 I will go in the strength of the Lord God:
23 My lips shall greatly rejoice when I sing unto thee; and my soul, which thou hast redeemed.

9 | Psalms 90:17

17 And let the beauty of the Lord our God be upon us: and establish thou the work of our hands upon us; yea, the work of our hands establish thou it.

10 | Isaiah 40:28–31

28 Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding. 29 He giveth power to the faint; and to them that have no might he increaseth strength.

30 Even the youths shall faint and be weary, and the young men shall utterly fall: 31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

11 | Joshua 14:6, 7, 8 I wholly, 10 2nd and now, 11 (to :)

6 Then the children of Judah came unto Joshua in Gilgal: and Caleb the son of Jephunneh the Kenezite said unto him, Thou knowest the thing that the Lord said unto Moses the man of God concerning me and thee in Kadesh–barnea. 7 Forty years old was I when Moses the servant of the Lord sent me from Kadesh–barnea to espy out the land; and I brought him word again as it was in mine heart.

8 I wholly followed the Lord my God.

10 and now, lo, I am this day fourscore and five years old. 11 As yet I am as strong this day as I was in the day that Moses sent me:

12 | Psalms 89:15, 17 (to :)

15 Blessed is the people that know the joyful sound: they shall walk, O Lord, in the light of thy countenance.

17 For thou art the glory of their strength:

*Section 3
Science and Health*

12 | 246:11–13, 20

The radiant sun of virtue and truth

12 coexists with being. Manhood is its eternal noon, undimmed by a declining sun.

Undesirable records

21 Except for the error of measuring and limiting all that is good and beautiful, man would enjoy more than threescore years and ten and still maintain his vigor, freshness, and promise. Man, 24 governed by immortal Mind, is always beautiful and grand. Each succeeding year unfolds wisdom, beauty, and holiness.

13 | 248:5

6 Men and women of riper years and larger lessons ought to ripen into health and immortality, instead of lapsing into darkness or gloom. Immortal Mind feeds the body with supernal 9 freshness and fairness, supplying it with beautiful images of thought and destroying the woes of sense which each day brings to a nearer tomb.

Love's endowment

14 | 208:25–1 A

A material body

27 only expresses a material and mortal mind. A mortal man possesses this body, and he makes it harmonious or discordant according to the 30 images of thought impressed upon it. You embrace your body in your thought, and you should delineate upon it thoughts of health, not of sickness. You should banish all thoughts of disease and sin and of other beliefs 1 included in matter.

Sickness as only thought

15 | 247:13–15, 31

Eternal
beauty

Im-

mortality, exempt from age or decay, has a glory of its
15 own, — the radiance of Soul.

The recipe for beauty is to have less illusion and
more Soul, to retreat from the belief of pain or pleasure
1 in the body into the unchanging calm and glorious free-
dom of spiritual harmony.

*Section 4
The Bible*

13 | Isaiah 42:1 (to :)

1 Behold my servant, whom I uphold; mine elect, in
whom my soul delighteth; I have put my spirit upon him:

14 | Matthew 4:17 *Jesus*

17 Jesus began to preach, and to say, Repent: for the
kingdom of heaven is at hand.

15 | Matthew 6:22, 23

22 The light of the body is the eye: if therefore thine eye
be single, thy whole body shall be full of light. 23 But if
thine eye be evil, thy whole body shall be full of darkness.
If therefore the light that is in thee be darkness, how great
is that darkness!

16 | Psalms 18:28 *the, 32*

28 the Lord my God will enlighten my darkness.
32 It is God that girdeth me with strength, and maketh
my way perfect.

*Section 4
Science and Health*

16 | 72:9–12 *As*

9 As
light destroys darkness and in the place of darkness all
is light, so (in absolute Science) Soul, or God, Spirits
obsolete
12 is the only truth-giver to man.

17 | 350:24 *Divine*

24 Divine Truth must be
known by its effects on the body as well as on the mind,
before the Science of being can be demon- The divine
life-link
27 strated. Hence its embodiment in the incar-
nate Jesus, — that life-link forming the connection through
which the real reaches the unreal, Soul rebukes sense, and
30 Truth destroys error.

18 | 337:14

Christian Science demonstrates that none but
15 the pure in heart can see God, as the gospel Purity the
path to
perfection
teaches. In proportion to his purity is man
perfect; and perfection is the order of celestial
18 being which demonstrates Life in Christ, Life’s spiritual
ideal.

19 | 266:24–30

24 Mortals must follow Jesus’ sayings and his demonstra-
 tions, which dominate the flesh. Perfect and infinite
 Mind enthroned is heaven. The evil beliefs Beatific
 27 which originate in mortals are hell. Man is the presence
 idea of Spirit; he reflects the beatific presence, illuming
 the universe with light. Man is deathless, spiritual. He
 30 is above sin or frailty.

20 | 76:22–26

The sinless joy, — the perfect harmony and immortality
 of Life, possessing unlimited divine beauty and goodness
 24 without a single bodily pleasure or pain, — Immaterial
 constitutes the only veritable, indestructible pleasure
 man, whose being is spiritual.

Section 5
The Bible

17 | Psalms 141:8 *mine*

8 mine eyes are unto thee, O God the Lord: in thee
 is my trust; leave not my soul destitute.

18 | Psalms 119:130

130 The entrance of thy words giveth light; it giveth
 understanding unto the simple.

19 | Luke 4:14

14 And Jesus returned in the power of the Spirit into
 Galilee: and there went out a fame of him through all
 the region round about.

20 | Luke 18:35–43

35 And it came to pass, that as he was come nigh unto
 Jericho, a certain blind man sat by the way side begging:
 36 And hearing the multitude pass by, he asked what it
 meant. 37 And they told him, that Jesus of Nazareth passeth
 by. 38 And he cried, saying, Jesus, thou son of David, have
 mercy on me. 39 And they which went before rebuked him,
 that he should hold his peace: but he cried so much the
 more, Thou son of David, have mercy on me. 40 And Jesus
 stood, and commanded him to be brought unto him: and
 when he was come near, he asked him, 41 Saying, What wilt
 thou that I shall do unto thee? And he said, Lord, that I may
 receive my sight. 42 And Jesus said unto him, Receive thy
 sight: thy faith hath saved thee. 43 And immediately he
 received his sight, and followed him, glorifying God: and
 all the people, when they saw it, gave praise unto God.

Section 5
Science and Health

21 | 85:2

It is the illumination of

3 the spiritual understanding which demonstrates the ca-
 pacity of Soul, not of material sense. This Soul-sense
 comes to the human mind when the latter yields to the
 6 divine Mind.

22 | 210:11–16

12 Knowing that Soul and its attributes were forever
 manifested through man, the Master healed the sick,
 gave sight to the blind, hearing to the deaf, feet to the

15 lame, thus bringing to light the scientific action of the divine Mind on human minds and bodies and giving a better understanding of Soul and salvation.

23 | 486:23–26

24 Sight, hearing, all the spiritual senses of man, are eternal. They cannot be lost. Their reality and immortality are in Spirit and understanding, not in matter, — hence their permanence. Permanent sensibility

24 | 487:6

6 Exercise of Mind-faculties
 There is more Christianity in seeing and hearing spiritually than materially. There is more Science in the perpetual exercise of the Mind-faculties than in their loss. Lost they cannot be, while Mind remains. The apprehension of this gave sight to the blind and hearing to the deaf centuries ago, and it will repeat the wonder.

25 | 288:27–28

27 Science reveals the glorious possibilities of immortal man, forever unlimited by the mortal senses.

*Section 6
The Bible*

21 | Psalms 86:4, 11 (to :)

4 Rejoice the soul of thy servant: for unto thee, O Lord, do I lift up my soul.
 11 Teach me thy way, O Lord; I will walk in thy truth:

22 | II Corinthians 3:17 where

17 where the Spirit of the Lord is, there is liberty.

23 | Romans 12:1, 2

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.
 2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

24 | Matthew 15:29–31

29 And Jesus departed from thence, and came nigh unto the sea of Galilee; and went up into a mountain, and sat down there. 30 And great multitudes came unto him, having with them those that were lame, blind, dumb, maimed, and many others, and cast them down at Jesus' feet; and he healed them: 31 Insomuch that the multitude wondered, when they saw the dumb to speak, the maimed to be whole, the lame to walk, and the blind to see: and they glorified the God of Israel.

*Section 6
Science and Health*

26 | 30:19

As the individual ideal of Truth, Christ Jesus came to rebuke rabbinical error and all sin, sickness, and death, —
 21 to point out the way of Truth and Life. This ideal was demonstrated throughout the whole Rebukes helpful

24 earthly career of Jesus, showing the difference between
the offspring of Soul and of material sense, of Truth and
of error.

27 | 227:14–16 (to 2nd .), 24

15 Discerning the rights of man, we cannot fail to fore-
see the doom of all oppression. Slavery is not the legiti-
mate state of man. God made man free.

24 Citizens of the world, accept the “glori-
ous liberty of the children of God,” and be free! This
is your divine right. The illusion of material sense, not
27 divine law, has bound you, entangled your free limbs,
crippled your capacities, enfeebled your body, and de-
faced the tablet of your being.

Standard
of liberty

28 | 261:2, 24

3 Look away from the body into Truth and Love,
the Principle of all happiness, harmony, and
immortality. Hold thought steadfastly to the endur-
ing, the good, and the true, and you will bring these
6 into your experience proportionably to their occupancy
of your thoughts.

Thoughts
are things

24 Breaking away from the
mutations of time and sense, you will neither
lose the solid objects and ends of life nor your own iden-
27 tity. Fixing your gaze on the realities supernal, you will

Immutable
identity
of man

30 rise to the spiritual consciousness of being, even as the bird
which has burst from the egg and preens its wings for a
skyward flight.

29 | 242:6

6 Denial of the claims of matter is a great step towards
the joys of Spirit, towards human freedom and the final
triumph over the body.

30 | 114:23–27

24 Christian Science explains all cause and effect as men-
tal, not physical. It lifts the veil of mystery from Soul and
body. It shows the scientific relation of man
27 to God, disentangles the interlaced ambiguities
of being, and sets free the imprisoned thought.

Causation
mental

Section 7
The Bible

25 | Psalms 108:5

5 Be thou exalted, O God, above the heavens: and thy
glory above all the earth;

Section 7
Science and Health

31 | 120:4

6 Soul, or Spirit, is God, unchangeable and eternal; and
man coexists with and reflects Soul, God, for man is God’s
image.